



BUSH & CO
CASE MANAGEMENT & REHAB

Scott Hodder

Case Manager | Physiotherapist

Rebuilding your life after a traumatic accident and a life-altering transfemoral amputation can be an overwhelming and lonely journey. Following his involvement as a pedestrian in a road traffic collision in 2017, a young man faced a long road to recovery ahead. With the support of a compassionate and experienced case manager in Scott, he found the motivation and resolve needed to conquer every challenge and achieve his rehabilitation objectives.

One Amputee's journey powered by expert case management

From the beginning, Scott has worked closely with the client to identify his rehabilitation goals, including returning to full-time work, living independently, and walking confidently without aids. Despite the complications of the COVID-19 pandemic and the client's complex personal history, Scott provided active listening, collaborative problem-solving, professional support, and regular contact to build trust and facilitate effective communication. Recognising the importance of mental health in the recovery journey, Scott coordinated a multidisciplinary team to support the client's well-being, including a GP, clinical psychologist, consultant psychiatrist, mindfulness coach, nutritionist, physiotherapist, and prosthetics specialist. Scott emphasised collaboration among team members and ensured increased support to mitigate isolation and improve the client's mental health.

Achieving significant outcomes

Scott's dedication extended to maintaining communication with the client's estranged parents and addressing the impact of COVID-19 by providing interventions and fostering positive thinking, physical exercise, sleep hygiene, and a healthy diet. When the client's case settled in 2021, he recognised the invaluable support provided by Scott and requested that the case management continue. With Scott's guidance, the client achieved significant milestones, becoming a homeowner and developing a property management company with a small portfolio generating rental income. Scott enlisted the help of a financial life coach to assist with money management, budgeting, and navigating important financial decisions.

Navigating extraordinary journeys

Scott's attention to detail extended to arranging utilities, authorising invoices, and ensuring the completion of a will, trust maintenance, and educating the client on financial responsibilities. The client navigated an extraordinary journey from living with his parents to being a homeowner and running a business and investments, all while adjusting to life as an amputee.

Expanding horizons

Scott's understanding of the client's needs has empowered him to express himself with confidence, directing domestic support, house adaptations, gardening maintenance, and engaging a personal trainer for ongoing physical and mental well-being.

Driving social inclusion

Today, the client's progress is truly remarkable. With Scott's ongoing support, he has broadened his horizons by arranging independent travel to Asia and Europe and has also enhanced his community involvement through activities such as archery and is currently pursuing his private pilot license. Additionally, the client continues to explore various vocational opportunities, including the development of his YouTube channel. Importantly, the client's relationship with Scott has evolved, driven by cultural understanding and a sense of social inclusion.

About Scott

Scott is a chartered physiotherapist with over 18 years' experience covering all core clinical areas of physiotherapy practice within hospital, community and private settings. He specialises in the case management of amputees and clients with complex orthopaedic injuries including upper limb, transfemoral and trans-tibial level amputations. He gives his clients support from the early assessment stage through to acquiring appropriate high level prosthetics, therapy, transport, accommodation, care support and helping them to re-engage in their social, education and workplace environments.

Through his work he also has experience of managing clients with brachial plexus and peripheral nerve injuries, brain injury, chronic pain, injuries requiring cosmetic surgery and long-term conditions.



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